



Sylvan Advanced Study Skills

Learning Strategies That Work

CHOOSE FROM THESE SYLVAN ADVANCED STUDY SKILLS COURSES:

STUDY SKILLS AND GOAL-SETTING ESSENTIALS

Learn and develop key study strategies and habits to become an independent and effective student:

- Develop a “yes I can” mindset
- Set and achieve short- and long-term goals
- Understand yourself as a learner

IMPROVED ORGANIZATION AND TIME MANAGEMENT

Develop and refine time management and organizational habits to succeed in school, life, and beyond:

- Use an academic planner to track school assignments and grades
- Manage time and responsibilities inside and outside of the classroom
- Organize school work and study area

READING FOR SCHOOL SUCCESS

Develop active reading strategies to read better in every class:

- Use text features to improve comprehension
- Read strategically by using text features, visual aids, and context clues
- Locate the main idea and summarize information
- Skim and scan for key details

POWERFUL COMMUNICATION AND PRESENTATIONS

Develop communication and presentation skills for school and life:

- Develop active listening strategies
- Speak clearly and appropriately
- Present information effectively

NOTE-TAKING STRATEGIES THAT WORK

Take notes to study more effectively and improve test scores:

- Learn note-taking tools to record and manage information presented in classroom texts and lectures
- Improve comprehension to study more effectively

TEST TAKING WITH CONFIDENCE

Master study strategies to take tests and quizzes with confidence:

- Manage test anxiety and use a study process
- Apply study strategies for various subjects
- Tackle different types of tests and item types

WRITING TO WIN

Learn writing and research processes that can be applied to all subjects:

- Master all steps of the writing process, from drafting to publishing
- Develop key research skills, from evaluating sources to writing a bibliography

NAVIGATING THE DIGITAL WORLD

Learn skills to be smart, responsible, and safe students and 21st century citizens:

- Locate, evaluate, present, and share digital information responsibly and effectively
- Practice safe and courteous online behavior

CONQUERING COLLEGE/UNIVERSITY ADMISSIONS

Set goals and develop skills and confidence to get into college and succeed once there:

- Tackle the college admissions process
- Develop college and job interview skills
- Showcase skills by writing a resume and cover letter

Learning Should Be Personal™